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Contact: Scott Stewart 608-571-6038

Access Community Health Centers' Hypertension Control Team Receives WPHCA's Annual Performance Excellence Award

Madison, WI - <u>Access Community Health Centers</u> (Access) was awarded the 2025 <u>Performance Excellence Award</u> by the Wisconsin Primary Health Care Association (WPHCA) in recognition of their Hypertension Control Team achieving the award's quadruple aim: improving the health of patients, patient experience, cost-effectiveness, and staff satisfaction.

The Hypertension Control Program at Access aims to increase the percentage of patients with hypertension who maintain blood pressure levels below 140/90. The program utilizes a team-based model for patient management and works to reduce barriers to care. Providers refer individuals to Population Health Specialists, who collaborate with patients to create a Blood Pressure Control Plan. Patients are instructed on correct home blood pressure measurement practices and are provided with a blood pressure cuff and monitor. The program also connects patients to nutrition, behavioral health, and pharmacy services as part of a coordinated approach.

Between February 2024 and July 2025, 276 individual patients participated in Access' Hypertension Control program. Of these, 183 (66.3%) achieved a recent blood pressure of less than 140/90. There was an increase of 13% between January and June 2025, reflecting the program's effect on patient outcomes related to hypertension. Additionally, 90% of participants rated the program as "extremely helpful," while 88% indicated they gained new knowledge. All participants reported that the program was easy to understand. This program demonstrates one way Community Health Centers are using teams to support quality improvements and patient care.

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WPHCA is the member association for Wisconsin's 19 Federally Qualified Health Centers (FQHCs, or Community Health Centers). Community Health Centers are non-profit, community-directed medical, dental, and behavioral health clinics. Find your local Community Health Center here and learn more about WPHCA at www.wphca.org.

